

## ABOUT US!

Janhit Foundation is an independent, non-profit NGO, actively engaged in the promotion of human welfare through environmental protection since 1998.

Our key areas of work include:

- Groundwater quality protection for human health.
- Provision of safe drinking water to marginalized communities.
- Protection of river water quality for aquatic ecosystems.
- Enhancement of available water resources through water conservation measures.
- Promotion of sustainable agriculture by organic farming methods.
- Environmental education and empowerment of local communities.
- The emancipation of poverty through education and child rights for children of marginalized communities.

Janhit Foundation undertakes this work through scientific research, campaigns, advocacy and grass-root level community involvement.

- To empower local communities to take action to safeguard their environment and natural resources for themselves and future generations.
- To achieve this through community participation in our projects and activities and ensuring local people are consulted throughout the process of development.
- We strive towards building a sustainable future for mankind based on social justice and believe that this can only be achieved through the up-holding of all human rights and the rule of law.

- Provision of Safe, sufficient and **MISSION!** sustainable water resources for all
- Restoring and conserving agricultural land alongside providing nutritious and healthy food sustainably both current and future generations.
- Preventing and reducing pollution of natural resources, and ensuring their sustainable use to guarantee that our environment does not pose a risk to human health, and can sustain an appropriate and diverse wildlife.
- Empowerment of marginalized communities to safeguard their human rights and improve their local environment.

## VISION!

# Areas touched by the organization!

The principle thematic and geographic areas in which the organization works is Western Uttar Pradesh, particularly Meerut, Baghpat, Ghaziabad, Muzaffarnagar.

The organization also works in neighboring states of Punjab and Haryana. We have also touched the state of Madhya Pradesh.



# Meerut CHILDLINE Team!

- |                   |                   |
|-------------------|-------------------|
| SanjivKumar       | Coordinator       |
| Neine Arora       | Para-Professional |
| Satyendra Kumar   | Team Member       |
| Anil Kumar        | Team Member       |
| Mahesh Kumar      | Team Member       |
| Ran Singh         | Team Member       |
| Shivesh Mujherjee | Team Member       |
| Manmohan Singh    | Team Member       |
| Asha Rani         | Team Member       |
| Kavita Sharma     | Volunteer         |
| Anand             | Volunteer         |
| Kapil             | Volunteer         |

At the onset I take this opportunity to wish the readers a very happy 2010. This twenty-tenner decade poses a new-challenge 'the Climate Change' alongwith other challenges. We at Janhit humbly endeavour to contribute in the conservation of nature in our own indigenous ways. A short summary of all such efforts is presented here. Never doubt that a small group of committed people can change the world, Indeed it is the only thing that ever has.



Wishing you a happy reading.

- |                 |                          |
|-----------------|--------------------------|
| Anita Rana      | Director                 |
| Papiya Sarkar   | Consultant               |
| Sonakshi Hudda  | Chief Coordinator Prog.  |
| Devpal Singh    | Senior Coordinator Prog. |
| Shiv Kumar      | Senior Coordinator Prog. |
| Manish Kumar    | Coordinator Programme    |
| Rohit Kumar     | Coordinator Programme    |
| Ravindra Kumar  | Coordinator Programme    |
| Ravindra Saini  | Coordinator Programme    |
| Jitendra Kumar  | Coordinator Programme    |
| Sita Ram        | Coordinator Programme    |
| Satyaveer Tyagi | Coordinator Programme    |
| Sandhya Verma   | Administrative Incharge  |
| Sangeeta Rekhi  | Documentation Officer    |
| Santosh Hudda   | Organic Aaharam Manager  |
| Arun Bansal     | Accountant               |
| Deepak Garg     | C. A.                    |
| Arun            | Attendant                |
| Amit            | Attendant                |

**From  
The Director's desk!**

**JANHIT TEAM!**

## IF MAN UNBUILDED GOES!!

We are all blind until we see,  
What is the human plan?  
Nothing is worth the making,  
If it does not make the man.

Why build these cities glorious,  
If man unbuilted goes?  
If vain we built the work unless,  
The builder also grows.

- Edwin Markham.

Doth a fountain send forth at the same  
place sweet water and bitter?

-JAMES

The New Year was ushered by one and all with great enthusiasm and zeal. An awareness workshop cum talk was organised for the students of Meerut College specifically for those who have taken up law as their stream for study. Article 25 became the talk of the day and surprised the young audience when it was discussed about.

A Question arose when the HOD of the law stream rose to address the audience. A presentation for the work taken up by Janhit for was the feature of the workshop which shook up many intriguing young minds of the Gen-X present there. The documentary on Jai Bheem Nagar brought to their notice the plight of their fellows citizens and a passion to do something, to save water the elixir of life to conserve and the recycle this finite source was awakened.

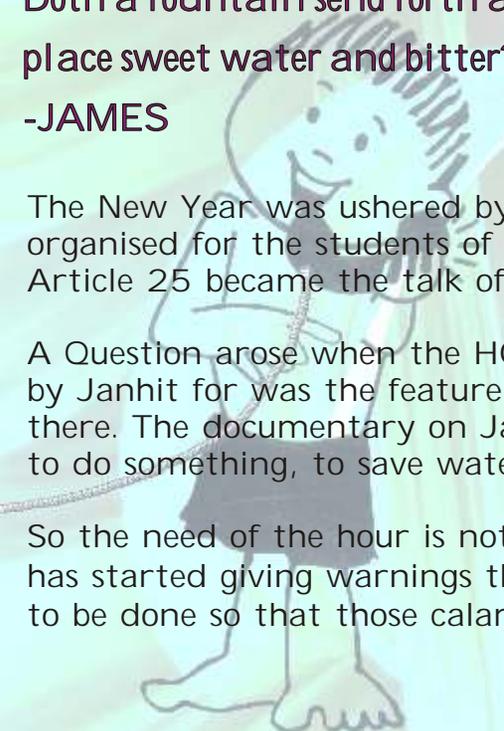
So the need of the hour is not to wish or to think or to contemplate. We are at that point of situation where nature has started giving warnings through Tsunamis, Cyclones, Earthquakes, Forest fires and something everywhere needs is to be done so that those calamities are stopped and the human race survives.

Great minds have purposes, others have wishes.

## Promoting Organic... 'Ism'

Promoting organic farming is one of the objectives of Janhit Foundation. Since last five years or so what had been sowed is now ready for harvest. The organization has been successful in the 'Seed to Market' programme under the aegis of UNDP. This was reflected in the humble demand by a school, 'Holy Angels Public School' in Muzaffarnagar to display organically farmed products in the school campus during a parent teacher meeting on January 27, 2010. The stall got a very good response. The buyers requested the members at the stall to supply these products regularly. Thus a free home delivery system has now been regulated by the organization on the purchase of a said amount.

## Eye Opener for the Students of Law - 'Article 25 RIGHT TO WATER'



## Vocational Training at Bal Sadan!

Under the various projects taken up by the Janhit Foundation is a project run under the aegis of CAD titled 'Give as You Earn Programme'. The foundation has taken up a project to facilitate learning of the computing skills to the children of Bal Sadan, a 'Government Observation Home' in Meerut. About 30 students were given a training for three months to learn the basics of computers alongwith Word, Excel and Paint Brush. Mr. Ghulam Mohd., a volunteer with Janhit Foundation taught the children how to use computers. The teaching of these basic concepts will instill confidence in these deprived children of the society and gradually they can become computer savvy as computer literacy is the need for the day. In this process the foundation provided one computer also to make the learning process all the more convenient and the deadline to be achieved. Providing the skill of earning will take these students to a future where a livable life could be thought of.

Preventive course rather than the curative course in the behavior of police with the children. In her talk she stressed the need for building up trust and confidence in the children who for some or the other reason fall into the quagmire of crime. On this occasion a documentary titled 'Ek Tha Bachpan' was shown to the cadets which again showed the apathy of society in general and government officials in particular with the children. The scenario of prison presented a sorry state of affairs which showed a heart rending story of children who for callous behavior fall a prey to the system and lose their lives to criminality. Instead of the precious and observation homes becoming a reformatory they prove to be a launch pad for the 'Crime Kingdom'. How is this to be stopped and why were many questions which came into the minds of the law makers and keepers.

The principal of the school I.G. Mr. O. P. Singh showed a very keen interest and appreciated the workshop in every possible manner. He advised the cadets to once again re-learn the things that they were learning in their curriculum but this time it was in a practical form. The Director of the institution Ms. Anita Rana rendered the Vote of Thanks. The programme came to a conclusion with an assurance from the cadets to become a 'Good Cop', a 'Saviour' and a 'Reformer' and trying to change the image of the police force who are seen to be as inhuman, ferocious and terrifying .

## Workshop on 'Children & Law'

A three hour workshop was organised by Janhit Foundation's 'Meerut CHILDLINE' team on January 2010 at the Police Training School, Meerut. The workshop was organised to train the 350 cadets who would be joining the police force on near future. The presentation on the organisation and Meerut CHILDLINE enlightened the cadets about the existence of such a social organisation which is one of the 83 running all over India. The number 1098 was publicized so as to make the cadets aware of a facility which was given by Meerut CHILDLINE to the children in need and distress.

Mr. Anant Asthana, Advocate from Supreme Court from Delhi was the Guest Speaker whose talk on Juvenile Justice enlightened the cadets about the delicate and sensitive issue of children in crime. His elaborate talk was given a patient hearing by the cadets who took down notes which would be helpful for them in their future discretionary modes. The need to address this issue accrued to the fact that now we have 44% population which is under the 18 years age group.

Dr. Pooma Devdutt was the psychologist and counselor who was another speaker for the workshop. She stressed a need to have a

## Water concern - Jal Ho!

The Stockholm Water Prize is the world's most prestigious prize for outstanding achievement in water related activities since 1991. The annual prize, which includes a USD 150,000 award and a crystal sculpture specially designed and created by Orrefers, honours individuals, institutions and organisations whose work contributes broadly to the conservation and protection of water resources and to improved health of the planets inhabitants and eco-systems. The patron of the Stockholm Water Prize is H.M.King Carl XVI Gustaf of Sweden.

Dr. Bindeshwar Pathak (Sulabh Sanitation Movement) received the 2009 Stockholm Water Prize for this work to improve the lives, health and dignity of millions of people across the world.

promoting the spirit of UN Agenda 21, 25 - The youth have so much to offer.

My Clean Meerut encouraged the people to take personal responsibility and together find ways to keep their environment clean and green. The campaign is not just about less litter and rubbish although that is very important but also for cleaner air, cleaner water, cleaner soil and even a cleaner mind and relationships.

**Man has learnt to walk like a bird, swim like a fish but has not learnt to walk with dignity on earth. M.K.GANDHI.**

Broadly, there are two key aspects to 'My Clean Meerut'. (A) It focuses on community achievements to inspire to create sustainable change. (B) It only focuses on the problems but also aims to show the innovative, successful and inspirational achievements and promote dreams of what could be accomplished.

What's Special about it?

Traditionally, we focus on identifying problems and then listing the resources (and money) required to fix them. This results in dependency and no responsibility for the problem. When the money dries up, the problem reoccurs. This campaign is about 'Appreciative Enquiry' i.e. shifting from problem solving to building on the solutions and positives such as achievements and our community strengths and skills. We would not use the word "should" and "try". Again and again we just point fingers to problems. But actually what works is an acknowledgment and appreciation of people's power and local solutions and efforts being made, looking at what is working, what is not working; and what is necessary to make it happen.

'Education is not teaching men what they do not know, but making them behaves as they do not behave'.  
- RUSKIN

An association with the

## My Clean India

Prosperity and beauty through  
community.

**You must be the change you want to see in the**

Janhit Foundation instills leadership among young people & creates a team of people responsible for their actions and to inspire others. The Foundation launched the 'My Clean Meerut' campaign which would aim to reach the people of the Meerut City and inspire them to show their love and pride for the environment. This is an association with 'My Clean India', a campaign which was embarked on by Mr. Remco Van Santen from Australia. It was from Nainital that we lighted the spark in minds of people and joining hands with other like Janhit Foundation in solidarity the campaign is moving ahead in 17 cities of India with about 35 million people joining. The campaign being launched in Meerut is another step towards a better India through

## My Clean Meerut

Meerut Turning the  
Corner!

## Launch Program

What a wonderful day it was. We finally launched 'My Clean Meerut' on November 5, 2009 at City Vocational Public School, Meerut. A public meeting was organised with Mr. Pranjal Yadav (Chief Development Officer, Meerut) as the chief guest, Mr. Rajendra Aggarwal (MP, Meerut) as the guest of honour, Mr. Prem Mehta (Principal, City Vocational Public School) and Ms. Anita Rana, Director of Janhit Foundation. Our special guests were Rajesh Dhokwal Sir and Mr. Rakesh Khatri Sir from NOIDA, Munishwar Gulati Sir from Ghaziabad and H. R. Bangia Sir from Gurgaon. And to be very true all of them were very enthusiastic. They shared their ideas about My Clean India and briefed the gathering about the good work which is being done as a part of the campaign at their respective places. Sharing of ideas is always such a positive attitude.

The program was inaugurated by lighting of the lamp and neem plants being presented to the guests as a memento. This launch program was participated by various schools which had shown their interest in this issue and alongwith a few concerned community members of Meerut city. All those who were present were just great and participated actively. Each distinguished guest was eager to speak for their cause.

Pranjal Yadav opined that 'Such campaigns concerning environmental issues are the need of the hour for the upgrading cities like Meerut. He promised that all required assistance would be provided by the Administration in support to this campaign. He appealed the gathering to actively participate in the cause and also motivate others to join'. Rajendra Agarwal stated that 'The issue of environment is not only of Meerut but is a global one. Meerut which lies in the doab region between the rivers Ganga and Yamuna is facing a severe problem of water contamination. The rivers have today turned into a polluted drain. He added that he is very much concerned and would raise these issues in Lok Sabha (the directly elected lower house of the Parliament of India'. Prem Mehta expressed that 'City Vocational School would participate full heartedly in all the activities which would be organised by Janhit Foundation. He was of the view that herculian problems can be solved through community spirit and we individually should certainly make contribution in this important campaign which the foundation had launched'. Sonakshi Hudda, Chief Coordinator Programme, gave a detailed presentation on 'My Clean Meerut' informing about the future

strategy and activities which would be conducted in coming months as a part of this program. During the presentation, gathering was informed that campaign is not about focusing problems but about acknowledging the positive initiatives being taken and thus, Recognizing the champions who 'actually contribute'. What made this campaign special is that we would not use the word "should" and "try". But what actually would work is an acknowledgment and appreciation of people power and local solutions and efforts being made, looking at what is working; what is not working; and what is necessary to make it happen. A documentary was also screened which focused on the role of schools and especially students in the campaign. In the end, Ms. Anita Mam, Director rendered gave a vote of thanks to the delegates and the guests. She told that it would be the endeavour of the organisation to see that something positive comes out of this initiative. With the support of the community, Janhit Foundation would leave no stone unturned 'My Meerut' into 'My Clean Meerut'.

Activity taken up under this campaign - 'Inter-school Essay Writing, poster Making and Debate Competition'

As a part of 'My Clean Meerut', Janhit Foundation had organised Inter-school

Essay Writing, Debate and Poster Making Competition. About 16 schools participated in the event, with about 150 students writing essays, making posters and speaking on the issue of 'My Clean Meerut'. This included participation of not only CBSE schools but government schools and colleges; and schools from rural areas too. The competition was organised on November 29th and 30th, 2009 in the premises of Sanatan Dharma Inter College, Meerut. The children were provided with the necessary stationery items that they needed to participate. The participants were given two hours for completing their entry. Following that, the Janhit team distributed a packet of refreshment among the children. The essay and the poster competition were judged by the judges decided by the foundation on the same day, i.e. 29th of November as the results were to be announced the very next day, i.e. 30th of November 2009, soon after the debate competition.

Methodology - In order to make these competitions a success, it was essential to make the schools understand the basic idea behind conducting these

competitions. For this, a formal invitation was sent to all the schools which included a descriptive explanation about the competitions being held, what we exactly wanted from students. The document sharply described on what level the entry would be selected as this was not just competition that would simply distribute prizes on very flowery writing or speaking skills, or very impressive drawing skills. The team just wanted the plain ideas of the youth, with no complexities but the ideas that they think they themselves can implement, may be on a small and individual level, but good enough to start. We asked for 12 entries in total from each school, 2 from junior and 2 from senior wing from each of the three competitions.

On the competition day, Janhit's team was there to help the participants in every possible way they could. A brief for the actual motto of the competition was also given to the students, so that they would get the real picture of the scenario and try to join hands for the same. Prizes were given to the top three entries of all the three competitions, both in junior and senior

category. A memento along with a gift was given to the winners. Gifts included dictionary, color set and pens and a set of useful books. Janhit gave each and every participant a certificate encouraging their spirit and enthusiasm to participate.

Impact: - The clear and positive spirit of the competition influenced the schools and we got a very good participation from most of the schools. The participation was with all the spirits high, with all the enthusiasm and vision the young eyes carry within them. It is true that only a few won the prizes but all the participants were appreciated and encouraged by giving away a certificate from the foundation. So that they don't stop thinking about the environment.

The kids and our team felt motivated by the words our chief guest CDO, Meerut, Mr. Pranjal Yadav, who encouraged all the participants saying that it's the participation that matters sometimes, it's not winning always; as those who don't even participate are still a step behind from those who try and participate.

He also said that it is not just the bookish knowledge that matters in this time; it has to be overall development of the kids which can only be attained if they are motivated to participate in such events. It develops their confidence, their thinking ability and makes them a person ready for the future.

**As long as you have anything you owe something to those who have nothing.**

**- VINOBA BHAVE**

FEBRUARY '2010

Launch Program of the Project

# "Spreading Water Literacy on Wheels In NOIDA District"

13th January, 2010  
Nehru International Public School, NOIDA



January 13, 2010 was a red letter day in the campaign for 'Water Literacy' as on this auspicious day the 'Mobile Van' enabling 'Water Literacy on Wheels' was launched. The launching program was organized by Janhit Foundation at Nehru International Public School, Sector 11, Noida with the cooperation of the Principal of the school, Ms. Elina Dayal. The program commenced with the lighting of the lamp by the Chief Guest Dr. P. K. Mehrotra, Director, Ministry of Water Resources, Government of India accompanied by other distinguished guests as Dr S. B. Singh, Senior Scientist, Central Ground Water Board; Mr. S. K. Yadav, Professor, Department of Teachers Training and Extension, National Council of Educational Research and Training (NCERT); Mr. Prabhjeet Singh, Senior Field Marketing Manager, ADOBE; Ms. Anvita Singh from CAF and Ms. Anita Rana, Director, Janhit Foundation.

Following this was the launching of the vehicle for spreading water literacy. The Tata Winger bore a fresh look of a mobile literature. The chief guest inaugurated the van which also consists of the water testing kit which would be later on availed to spread awareness amongst the students of various schools of NOIDA.

After this, a detailed presentation was given by Sonakshi Hudda, Chief Coordinator Programme of Janhit Foundation, about the aims and objectives. After this a documentary on Jaibheem Nagar, Meerut and another documentary on 'The World in Year 2070' was also viewed by the audience with keen interest and which lead them to introspection. Some wonderful gems were then scattered by the distinguished guests as they put forth their pearls of wisdom which enabled the students and the audience to understand about the problems related to water. The programme concluded with a vote of thanks from the Director, Janhit Foundation and thereafter refreshment was served to the guests. The day ended on a positive note when two schools of Noida volunteered to have awareness programmes organized in their school campuses.

# The Green Apple Award



Three Green Organizations is an independent environmental organization dedicated to promoting the positive side of environmental endeavour. The Green Apple Awards are the annual international campaign to recognize, reward and promote environmental best practice around the world. In the fifteen years of these awards Janhit Foundation was chosen as an awardee for Environmental Best Practices followed in four significant projects. The award was conferred in 'The House of Commons' at U.K. on November 17, 2009. You only live once, but if you live right, once is enough. We congratulate our Patrons, Supporters and Funding Partners without whose substantial help it was not possible to achieve this recognition. Furthermore, we have now been inspired to work with more dedicated and bring to our nation more laurels although they might seem trivial. For the good of many, for the happiness of many our endeavour will be all the more vigorous.

Ms. Anita Rana, the Director of Janhit Foundation attended the 13th National CHILDLINE Partnership Meet held from 25th November, 2009 to 27th November, 2009 at New Delhi. The schedule for all the three days was quite comprehensive.

## CHILDLINE Director's Meet

Many important issues were discussed by eminent resource persons. To name a few, 'Approaches to child protection a National Prospective and a Global Prospective' was one. The other important issues discussed were 'CHILDLINE Challenges', CHILDLINE Child Protection Policy, building a route map for child protection advocacy in CHILDLINE, Envisioning CHILDLINE force multipliers, State Commissions for Protection of Child Rights, Missing Children's Tracking initiative and CHILDLINE District Model. The topics discussed were eye-openers and the talks enhanced the field of knowledge and application in this field. The meet's theme can be concluded in the following lines.

If I can stop one heart from breaking, I shall not live in vain.  
If I can ease one life the aching, Or cool one pain.  
Or help one lovely child, Into happiness again. I shall not live in Vain.

## 'Fair' by Hindustan media ventures I td.

The Hindi daily 'Hindustan' organised a fair from 'Home Décor' on the 30th and 31st of Jan' 2010 at Buddha Garden, Garh Road, Meerut. The fair presented many stalls for home décor and other domestic work. Janhit Foundation too was invited to display the stall for organically grown cereals, pulses, wheat, sugarcane and other products.

It was a magnificent platform to create much more awareness about organically grown food and its advantages. The products were marketed and the good response helped us in undertaking such social initiatives. The staff members received inspiration from the customers and were further motivated from the customers and were further motivated when the customers contacted them for regular delivery of the products. Seeing the enthusiasm the Director announced free home delivery of organic products at the purchase of a specified amount.

## Workshop on 'business model approach'

The Director of Janhit Foundation attended and participated in a three day consultative workshop at Indian Institute of Forest Management, Bhopal from 28-30 November, 2009. The workshop had participation by five identified partners, additional SGP partners involved in development of green products and Regional Coordinators from all seven regional headquarters of SGP. The workshop was planned in a participatory manner to have a common understanding on the concept of Business Model Approach (BMA). The workshop familiarized participants with the concept of project being implemented by CCD. It enabled participants to share learning and experiences of CCD. It also enabled in developing a framework on Institutional Arrangements for the programme to define the implementation of the BMA. The project 'Women Empowerment in Environmental Management: An Action Study' was discussed in a comprehensive manner by the esteemed and knowledgeable speakers. Many case studies too were presented in elaborate sessions. There were six sessions which were presided by Different dignitaries. To conclude the participants were also given exposure towards basic principles on developing BMA for various types of eco-friendly products. One of the main sessions of the workshop focused on discussion based on the working group activity towards developing an outline of the Business Model Approach for SGP Projects.

Invest in the human soul,  
Who knows it might be a Diamond in the  
rough!!

### Contact Details!

Janhit Foundation  
180/7, Shastri Nagar  
Near Rangoli Mandap,  
Meerut (UP) - 250002, India

Ph: 0121-2763418, 4004123  
Fax: 0121-2763418  
janhitfoundation@gmail.com  
www.janhitfoundation.in

This newsletter welcomes your  
suggestions and comments. Please feel  
free to share!

My Clean Meerut

PICTURE GALLERY!

CAF Project Launch



NICP Workshop

